

UPPER IOWA UNIVERSITY
External Degree Program

PSY 302–04 Substance Abuse

Please read this introduction carefully before starting the course and refer to it for guidance as you proceed through the course.

COURSE DESCRIPTION:

The effects of psychoactive drugs are studied in this course, as well as the origins of substance abuse, characteristics of substance abusers, and consequences for the individual, family, and society. Approaches to substance abuse treatment are discussed. Note: Same as SOC 302. Prerequisite: PSY 190 or SOC 110. 3 semester credits.

REQUIRED COURSE MATERIALS:

Ray, O., and Ksir, C. (2004) *Drugs Society and Human Behavior* (10th edition). McGraw-Hill, New York.

Cohen, S. (1987). *How Social Drinkers Become Alcoholics* (included in this syllabus)

The State Hospital for Inebriates (an updated reprint from the *Knoxville Journal*, published ca. 1920) (included in this syllabus)

You may purchase your textbook through MBS Direct by calling their toll free number – 800-325-3252 or through the UIU homepage – www.uiu.edu. Click on the link called Resources for Center, External Degree and Online Program learners. Follow the link and select External Degree for your location.

COURSE OVERVIEW AND OBJECTIVES:

1. Explore the historical, biological, sociological, and psychological dimensions of addiction;
2. Develop an understanding of drug addiction, treatment programs, and drugs and the law;
3. Know and classify the major drug categories;
4. Describe prevention concepts;
5. Identify ethical and legal issues related to addictions; and
6. Examine personal feelings and reactions related to issues surrounding addictions.

COURSE STRUCTURE:

The course is divided such that there are three assignments and three tests. Each test corresponds to material and topics addressed in the associated assignment. *Thus, it is imperative for you to complete the assignments and the tests in the proper sequence. Do not attempt to complete all*

assignments and then take the tests. There are no new topics introduced on the exams that were not covered in the assignments. (More on that point later in the syllabus.)

Unit 1: The Sociology of Drug Use
The Neurobiology of Drugs
The Psychology of Addictions

Readings for Unit 1: Text: Chapters 1-7; “The State Hospital for Inebriates,” (included in this syllabus);

Unit 1 Exam: Covers material in Unit 1

Unit 2: Alcohol: The Liquid Drug
The “Non-drug” drugs
Prescription Drugs

Readings for Unit 2: Text: Chapters 10-15, 19; “*How Social Drinkers Become Alcoholics*,” (Included in this syllabus)

Unit 2 Exam: Covers material in Unit 2

Unit 3: Stimulants
Depressants
Volatile Inhalants
Opiates
Hallucinogens
Cannabis

Readings for Unit 3: Text: Chapters 8-9, 16-18

Unit 3 Exam: Covers material in Unit 3

RELATIONSHIP TO SENIOR PROJECT:

Many students enrolled in this course will be required to complete the Senior Project to fulfill graduation requirements. A major portion of the Senior Project is the "Application Component." This requires the completion of a scholarly research paper. The Senior Project may also require you to write essays on selected topics in the humanities, social responsibility, and global and national diversity. This course will expose you to all of these issues, as well as require you to use your writing skills. Thus, this course will help you to successfully complete the Senior Project. The Senior Project also requires you to demonstrate an understanding of current social concerns, cultural issues, and an ability to propose solutions to social problems. These will be topics throughout this course.

LIBRARY RESOURCES:

As a student of Upper Iowa University, you have access to the resources of the Henderson-Wilder Library on the Fayette campus. If travel to the campus is not feasible, you can access the library through the University's website. For InfoTrac access information, please contact the library at library@uiu.edu.

EXAMINATION AND ASSIGNMENT INFORMATION:

There are two sources of assessments for grade determination: exams and units. Exams and units will be a combination of essay questions (EQs) and multiple choice questions (MCQs). The preponderance of exam questions will be MCQs and unit assignments will have slightly more EQs than do the examinations. Each MCQ will be worth one point; each EQ's worth is specified and is determined by the complexity of the question at hand.

Expect assignments to build on prior concepts, facts, or ideas that were introduced in earlier assignments. This will require you to do more than merely read the chapters assigned for a particular unit. Instead, you will have to synthesize previously learned material with concepts or new ideas from a subsequent unit.

Essay responses on assignments *must be typewritten*.

The tests are closed-book proctored examinations. This means you can use no notes, prompts, or text materials of any kind when taking the exams. You are allowed a maximum of two (2) hours for each exam; this will be sufficient time for virtually all students. The exams are "power" tests and are not designed to be "speed" tests.

STUDY GUIDES:

Assignments are designed to be "study guides" for you and are geared to help you focus your attention on important concepts and issues which will be on your test. In other words, your assignments will be a type of open-book pretest. Essay questions on assignments must be typed. Don't assume that questions which appear on your assignments will be the same questions that will appear on the corresponding test, but they will tap the same issues that appeared on your assignment.

When you complete an assignment, mail it to you instructor. Your graded assignment with comments about your essay answers will be forwarded to you. Correct answers to MCQs also will be provided. Thus, knowledge of your performance (feedback) on your assignment will help you to more effectively prepare for the corresponding examination.

STUDY HINTS:

Here are six important hints when taking tests and completing assignments.

- First, read each question carefully. Many EQs have several points or concepts that you will need to address to obtain the maximum score.

- Second, essay questions should be just that: an essay! An essay is not a collection of sentence fragments, random thoughts, or free floating associations.
- Third, there is no penalty for guessing, so always attempt to answer every question even if you are unsure of the answer.
- Fourth, because the assignments serve as a "pretest," you should schedule to take the exam shortly after receiving the results of your assignment.
- Fifth, you are strongly advised not to take an examination before receiving results of the corresponding assignment. Although you may think you did well on your assignment, knowledge the specific results of your performance will provide valuable information in helping you prepare for the corresponding exam. Fifth, don't copy answers directly from the text. Formulating your own responses helps you master the material. (Besides, students who merely copy the textbook traditionally have ghastly test scores!)
- Sixth, do not start working on the next assignment until you have completed the test from the preceding unit.

As much as 10% of available points on assignments will be based on simple grammar, spelling, syntax, and sentence structure. Your work product should be neat, accurate, thorough and should reflect college-level writing skills. A poorly articulated, ill-conceived essay response likely will not be able to effectively communicate the most meaningful amount of information. Strive for essay responses that include complete sentences, logical paragraphing, and demonstrate a sequential flow of thought.

PROCESSING OF ASSIGNMENTS AND EXAMINATIONS:

Prompt feedback is an important component to effective learning. Thus, I will evaluate your assignments and tests within two days of receipt. Please allow sufficient time for your work to be forwarded to External Degree for recording and who will then return your materials to you. The arrangement for taking proctored exams is addressed in the university's External Degree Program Catalog. **DO NOT** send your assignments certified or registered mail. These require the post office to secure a signature. Also, be sure to affix sufficient postage. *Lessons which require a delivery signature or are postage due will delay receipt of your lesson by as much as 7 to 10 days!*

If you have questions of your instructor, please telephone. Conversing by telephone is more efficient to answer questions than by using email. If, for some reason, it is not possible to telephone your instructor, then you may email him. Assignments should be sent via the postal service rather than by email unless there are meritorious circumstances.

ASSIGNMENTS:

Unit assignments will include a substantial amount of essay writing which must be in typewritten form. There is no specified length to answers as long as they thoroughly answer the questions. Essay answers should be thorough, logical and coherent responses and should reflect college-level writing skills. Naturally, essay questions worth more points should be longer and more thorough than essay questions worth fewer points.

Select your answers to the MCQs by indicating the letter of the correct alternative on the answer sheet. There is no penalty for guessing so always answer each question. Use of pen or pencil is acceptable.

EXAMINATIONS:

Tests are taken under proctoring approved by the External Degree office. Use of electronic equipment, prompts, notes, or texts is prohibited when taking exams. Paper, test questions and answer sheets will be provided for you. You need bring only pen or pencil with you to take the examination. You may be required to show a photo ID to take an examination. You will be allowed two hours to take your examinations.

As much as 10% of available points on tests will be based on simple grammar, spelling, syntax, and sentence structure. Your work product should be neat, accurate, thorough and should reflect college-level writing skills. A poorly articulated, ill-conceived essay response likely will not be able to effectively communicate the most meaningful amount of information. Strive for essay responses that include complete sentences, logical paragraphing, and demonstrate a sequential flow of thought.

There is no specified length to essay question answers as long as your responses thoroughly answer the questions. Essay answers should demonstrate coherent, logical and thorough responses. Naturally, essay questions worth more points should be longer and more thorough than essay questions worth fewer points.

Select your answers to the MCQs by indicating the letter of the correct alternative on the provided answer sheet. Each MCQ will have five possible alternatives: a, b, c, d, or e. There is no penalty for guessing so always answer each question. Use of pen or pencil is acceptable.

CHEATING, ACADEMIC DISHONESTY AND PLAGIARISM:

Because cheating, academic dishonesty and plagiarism are affronts to the University community as a whole and a denial of the offender's own integrity, they will not be tolerated. Cheating includes but is not limited to:

- the use of unauthorized books, notes or other sources in the giving or securing of help in an examination or other course assignments,
- the copying of other students' work or allowing others to copy your work,
- the submission of work that is not your own or allowing others to submit your work as theirs,
- the submission of the same work for two or more classes without the approval of any instructors involved.

Academic dishonesty includes, but is not limited to:

- sharing academic materials knowing they will be used inappropriately,
- having access to another person's work without permission,
- providing false or incomplete information on an academic document,
- changing student records without approval.

Plagiarism includes, but is not limited to:

- the presentation of another's published or unpublished work as one's own,
- taking words or ideas of another and either copying them or paraphrasing them without proper citation of the source,
- using charts, graphs, statistics or tables without proper citation.

Detected cheating, academic dishonesty, or plagiarism will result in consequences that may, at the instructor's discretion, include course failure. In addition, an offender may be reported to the Senior Vice President for the Extended University, the Dean of the Extended University, or designee for possible disciplinary action, which may include suspension or dismissal from the University. Upper Iowa University may make use of various plagiarism detection services. Individuals, by enrolling in courses offered by the University, consent to submission by the University of course-related assignments to such services and the retention of a copy of such assignments by the service. Extended University Catalog 2004/05 page 85.

GRADE COMPOSITION:

Final grades will be determined by the percent of total points earned for assignments and tests:

≥ 90%	350	Points	A
≥ 80%	311	Points	B
≥ 70%	272	Points	C
≥ 60%	233	Points	D
< 60%	233	Points	F

Under no circumstances will you receive a passing grade if you receive an F on all three examinations. In other words, you must pass at least one test to pass the course.

Maximum number of points which can be earned are distributed as follows:

Unit 1:	72
Unit 1 Exam:	59
Unit 2	105
Unit 2 Exam:	64
Unit 3:	56
Unit 3 Exam:	<u>32</u>
Total possible points:	388

One final word: Again, I cannot overemphasize how important it is that you take the test for the corresponding assignment only after you received your graded assignment. There will be valuable feedback for you to review before taking the exam. Also, it is best to not start the next assignment until after you have completed the test from the preceding assignment.

**"You must pass at least one
Proctored exam to pass this course"**

UPPER IOWA UNIVERSITY USES A STANDARD GRADING SYSTEM:

A = All work is excellent, shows exceptional understanding of materials; logical, clear, and insightful written and oral work, incorporates knowledge from other sources and moves easily to the next level of understanding, works well beyond minimum requirements.

B = Understanding material is good to very good, demonstrates good grasp of material, good oral and written skills, produces more than the minimum requirements, quality of all work is high.

C = Satisfactory understanding of the material, submits only the minimum requirements, communicates adequately in oral and written formats, displays an adequate understanding of all basic concepts.

D = Quality and quantity written and oral work is below average and barely acceptable.

F = Quality and quantity written and oral work is unacceptable.

ATTENDANCE:

Even though a student does not attend a regular classroom in the traditional sense and keep up with a set schedule of assignments, it should be pointed out how important it is to keep yourself on a regular timely schedule if possible to complete and send in units. It is too easy to set work aside and decide to do it later. Suddenly, the need to complete assignments and get them in by deadlines can become stressful and, at times, impossible. The key would be to set time aside on a regular basis and submit work in a timely manner.

WITHDRAWAL:

If you wish to withdraw prior to the last day of the enrollment period you must contact the External Degree office by phone or in writing. After your original six month enrollment period you no longer have the option to withdraw from the course. You must finish the course or have a final grade assigned based on the coursework submitted.

SPECIAL NEEDS:

If you require accommodation for special needs, please provide documentation to: Director of External Degree.

This syllabus is tentative and subject to change.